It’s time for a closer examination of how the teen brain looks and how the teen brain grows—to describe the neurobiology behind executive function, and then see how this understanding applies to learning. We’ll consider EF’s adult form and delve into how it got there, and we’ll use a neurological lens to scrutinize the contradictory aspects of adolescent behavior, from the heart-warming to the stupid.

Our discussion starts in New York City, with a description of one of the most controversial shows that MTV ever broadcast...