

In a sea of average teachers,
you need to be uniquely you.
Be different. Be creative.
Take risks. Have fun.

—Rebecca Mieliwocki, p. 16

On Banishing Burnout

Effective mentors encourage
peers to benefit from mistakes
they've made (or will make)
rather than feeling embarrassed
or disempowered by them.

—Jacqueline Darvin, p. 52

Teaching is incredibly hard and
complicated work. Daily moments
of failure are going to occur. If we
don't show ourselves the same
patience and compassion we show our
students, we're doomed to burn out.

—Justin Minkel, p. 41

Demoralized teachers often
struggle with a dilemma that looks
like: "I am confident about the
right course of action, but I am
not allowed to take it." It is their
frustration of not being able to do
good work that is the source of
their dissatisfaction.

—Doris A. Santoro, p. 10

The more supported teachers feel, the
more likely they are to embrace change.

—Catlin Tucker, p. 58

It is one thing to change your mind
about your practice; it is another
thing to change your habits.

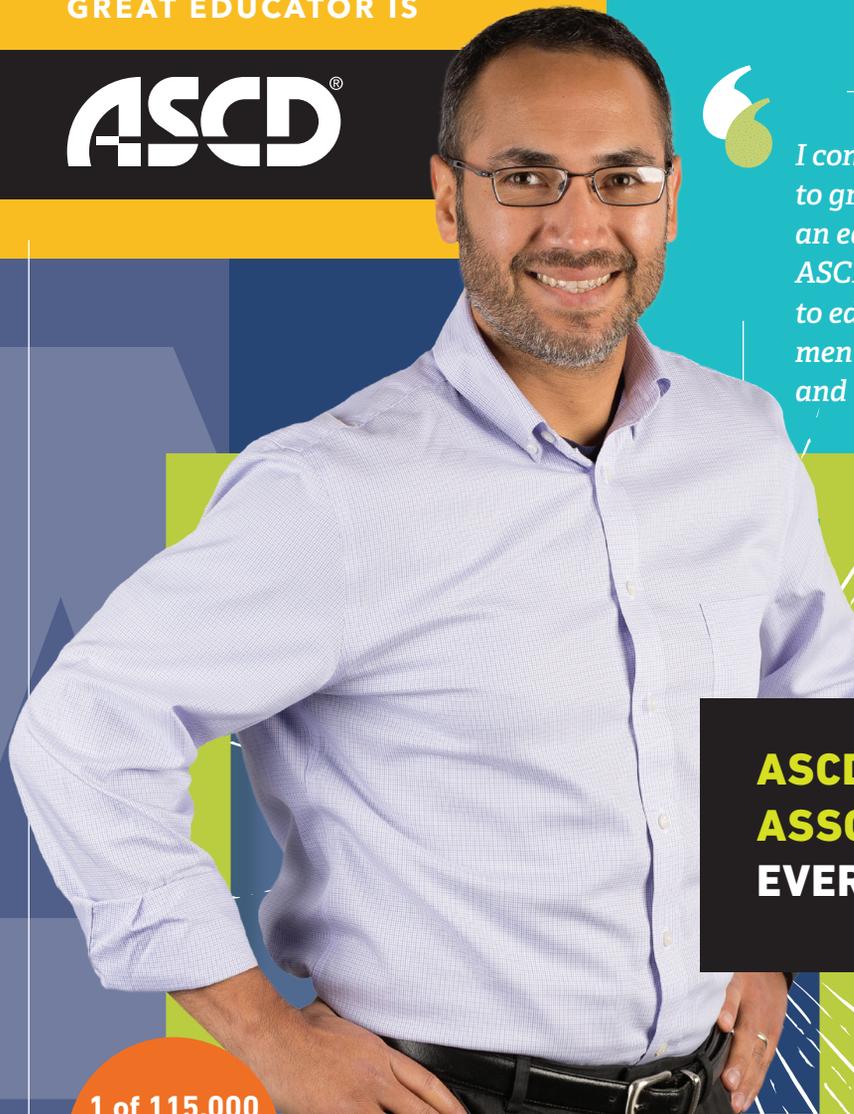
—Glen Pearsall, p. 34



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