Getting your students’ brains ready for learning should always be your mandatory first step.
—Liesl McConchie and Eric Jensen, p. 60

The brain can change with experience—like muscles getting stronger with exercise.
—Marcus Conyers and Donna Wilson, p. 22

Emotions are a gateway to cognition and learning. When curriculum and instruction evoke emotions, the gateway opens, and learning is likely to proceed more effectively and durably.
—Carol Ann Tomlinson and David A. Sousa, p. 14

It seems to be that the way kids think, more than what they know, grows their brains over time.
—Mary Helen Immordino-Yang and Douglas R. Knecht, p. 36