

WHAT CAN TEACHERS DO to improve the health of school children and their families through work in the classrooms? *Everyday Nutrition for School Children* by E. Neige Todhunter, head of the department of foods and nutrition at the University of Alabama, answers that question. (University, Ala., Extension Division, University of Alabama, 1945, 25 cents). Dr. Todhunter believes that "to know what to eat and why is an essential part in the education of every child." The booklet includes nutrition objectives, stories from nutrition literature, line drawings and pictures of well-nourished and malnourished children that would appeal to and motivate even first-graders, everyday nutrition questions and answers, activities, and teaching suggestions, an evaluation of the nutrition program, and other interesting and helpful information.

Would you like to spend an hour reading a clearly worded, simply written statement of convincing facts that would help you measure the adequacy of your diet? In his recent book *What To Do About Vitamins* (Norman, Okla., University of Oklahoma, 1945, \$1.), Roger J. Williams has cleverly compared human foods to the auto's fuel and lubricants. He says, "Attempt to run an automobile without oil in the crank case . . . the results are familiar. . . . Unfortunately, people do not have gauges or needle warning devices to tell them when their diets are inadequate." The phrasing of this book makes it appealing. One reviewer has said that it is a "grade A" book on technical information for the layman. The book contains many charts, graphs, and tables. It shows the reader how to construct a diagram of the foods he eats, a device which should be effective in teaching food value to school children.

A number of helpful handbooks and teaching materials in nutrition education are now available. Recent publications of general interest to educators include: *Good Food, A Tentative Program for Learning Experiences in Foods in the Elementary School*, (reissued

June 1945, distributed by the U. S. Department of Agriculture, Washington 25, D. C.); *Food and Nutrition, A Handbook for Teachers* (California State Department of Education, Sacramento, Calif., 1945); *Nutrition in the Elementary School, A Report of a Workshop on Health and Nutrition in the Elementary School* (Ellensburg, Wash., Central Washington College of Education, 1945). —Thelma G. Flanagan, *School Lunch Supervisor, State Department of Education, Tallahassee, Fla.*

LET'S DO BETTER is the engaging title of Munro Leaf's new book which will interest people from "5 to 50." The author states the purpose of the book in these words:

"With all our progress in science, art, and all that we call civilization, mankind has yet to find the key to living together without fear.

"In the belief that if we can destroy fear we can abolish wars, this little book explores the simple factors of life common to all peoples. It is written in the sincere hope that it may help to put some willing feet on the path toward a happier world."

In picture-book style, using his inimitable line drawings and straight-forward language, Munro Leaf presents the necessity for all of us—boys and girls and adults—"to do better," so that we may all live peacefully together. There is a sparkle of humor which maintains the light touch and does not detract from the serious theme. *Let's Do Better* will prove popular with young and old. (Philadelphia, Pa., J. B. Lippincott, 1945. \$1.50).

THE THOUGHTS OF YOUTH are clearly revealed in *Young Voices*, an anthology of selections of high-school student writing chosen from the scholastic awards made annually from 1925 to 1945 by *Scholastic Magazine*, (New York, Harper's, 1945, \$3.). In essays, poems, and short stories that are remarkably well written for young authors ranging from 14 to 19 years, one may gain

insight into the hearts and minds of America's young people during almost a quarter of a century.

The selections are arranged chronologically, beginning with a section called "Salad Days (1926-1930)," including "The Lean Years (1931-1935)," and ending with "Time of Conflict (1941-1945)." It is interesting to note how clearly the changing social scene is reflected in the creative effort of the youth of each period.

Many of the young authors whose early works are included here have distinguished themselves in the literary world. This volume is not only a tribute to the inspiration and guidance given to these high-school students by their teachers, but also a reminder to all teachers that they have the opportunity and the responsibility to discover and to develop the creative abilities of the young people they teach.

A RECENT BIBLIOGRAPHY *Reading for Democracy, Books for Young Americans*, published by the Chicago Round Table of the National Conference of Christians and Jews, includes twenty-five children's books selected to help young people develop into "men and women of decent and enlightened personalities." Fiction and non-fiction books ranging in age interest from elementary through high school make up the suggested list.

Dorothy Canfield Fisher introduces the list with a foreword in which she insists that "not one of our moral responsibilities is greater than to see that books of civilizing influence are read by children."

Copies of the list, which includes brief comments describing each book, can be obtained from the Chicago Round Table of the National Conference of Christians and Jews, 203 North Wabash Avenue, Chicago 1, Ill.

NOW THAT AMERICA is traveling again, there will be a renewed interest in books to aid the motorist who wishes to get the maximum benefit from his travels. The American Automobile Association has recently published *Travel Reading, A Selected Bibliography Covering the United States, Alaska and Mexico*, free of charge to members of the AAA and sold at 10 cents a copy to non-members. (American Automobile Association, Mills Building, Seventeenth and Pennsyl-

vania Avenue, N. W., Washington, D. C.).

This list will prove interesting to the "arm-chair traveler" as well as to the actual motorist. It suggests titles covering the various forces—physical, material, human, social, and cultural—which have molded the three regions covered. Many books concerning matters of nationwide interest are listed.

The small size of the list makes it a possible partner for many good auto excursions. Teachers will recognize its value in prompting young people to want to know more about the interesting world in which they live.

A TEEN-AGE BOOK FAIR is available to high schools wishing to sponsor a community-wide exhibit of books of interest to adolescents and their parents. The plan was initiated by Robert F. de Graff, president of Pocket Books, Inc., but it does not seek to promote the sale of Pocket Books. Its purpose is to encourage reading of all kinds among high school boys and girls.

The project includes a short movie "It's All Yours," starring Ralph Bellamy, which urges young people to read widely and to suit books to their purposes. Book exhibit background panels are colorful and attractive. A thirty-two page booklet *Read Today, Star Tomorrow*, edited by Mary Gould Davis of the *Saturday Review of Literature*, is made available to each young person attending the fair.

The books for the fair are to be assembled from local library shelves but suggestions for titles are made in a special bibliography prepared by a group of teachers and librarians. Materials for the Teen-Age Book Show may be obtained from Pocket Books, Inc., 1230 Sixth Avenue, New York 20, N. Y.

A KIT OF FREE MATERIALS designed to aid teachers in developing a more comprehensive understanding of the various aspects of Latin American life is available to superintendents, principals, curriculum directors, and visual-aid chairmen. (Pan American World Airways System, Chrysler Building, 135 East Forty-second Street, New York 17, N. Y.).

The materials, called Pan American World Airways Educational Unit Number 1, include: a color wall map of Latin America showing air routes; twelve pictorial economic

maps in color; twelve color photographs; color film strips of fifty-four frames; twenty sets (fifty pictures in each set) of small black and white pictures for students; color booklet "Wealth of the Other Americas"; booklet "The Clippers in the Southern Americas"; various supplementary materials; and teacher's manual.

For schools which have the necessary equipment, Pan American World Airways has produced a forty-minute, 16-mm. color-sound film "Wings Over Latin America." The film will be available through university film libraries throughout the country or by direct communication with the Educational Director, Pan American Airways, Inc., New York 17, N. Y.

SEE AND HEAR is the title of a new publication on audio-visual learning issued each month of the school year, September through May. (Eau Claire, Wis., E. M. Hale and Company, \$3 a year). The editors of the magazine are Walter A. Wittich, C. J. Anderson, and John Guy Fowlkes and the Advisory Editorial Board includes teachers and administrators from public schools, universities and colleges, and state departments of education.

The pocket-sized magazine is not a digest; it contains information on audio-visual education designed to interest educators from the kindergarten through the adult level. Plans for coming issues include discussions of audio-visual uses and possibilities, suggestions for techniques of using audio-visual aids, classroom utilization experiences, information about the purchase and use of equipment, and film reviews.

The first issue contains a special note pointing out that *See and Hear* is an entirely independent publication and is not connected with any manufacturers of audio-visual equipment, machines, or films.

FREE AVIATION EDUCATION materials for all groups from primary grades through junior college may be obtained from the School and College Service, United Air Lines, Inc., 23 East Monroe Street, Chicago 3, Ill. These include maps, pictures, bibliographies, post cards, booklets, time tables, and many other useful aids. Especially helpful is a "Directory of Free and Inexpensive Educational Materials" listing sources of illustrative

aids, magazine articles, motion pictures, and other materials dealing with air transportation.

THE COMMUNITY SCHOOL of social action is advocated in *Community Living and The Elementary School*, the twenty-fourth yearbook of the Department of Elementary School Principals of the National Education Association. (Washington 6, D. C., 1201 Sixteenth Street, N. W., Department of Elementary School Principals, \$2.) Educators will find the many articles describing community-school relationships stimulating and of practical help in educational planning.

The opening chapter "Relating Elementary Education to Community Life," written by John E. Brewton, presents the concept of the improvement of learning through the community approach on which the rest of the articles are based. The headings for the succeeding parts are self-explanatory—"Enriching the Curriculum from Community Resources," "Building Community Understanding of the School," "Meeting New Community Needs," and "Adventuring in School-Community Coordination." Each of these sections contains brief accounts of school programs that are planned for a closer relationship between school and community. It is significant to note that these accounts come from schools throughout the country and present many different patterns for approaching the problem.

The editorial committee, composed of Robert W. Eaves, Frances Belcher, and Harold V. Baker, deserves special commendation for welding the many contributions in this yearbook into a publication that is unified and forceful. *Community Living and the Elementary School* will prove helpful for faculty planning.

THE NATIONAL CONFERENCE of Christians and Jews announces the thirteenth annual observance of National Brotherhood Week to occur February 17-24, 1946. The theme is: "In Peace as in War—Teamwork." Program aids for use in schools and colleges may be secured by writing to the National Conference of Christians and Jews, 381 Fourth Avenue, New York 16, N. Y. Materials are adapted to all age levels in the schools. Plays, comics, posters, book lists, and other types of literature are available.

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