Teacher Stress: Implications for Supervision

With continued pressure on teachers to teach more in less time, to raise test scores, and in general to increase their "productivity," along with high attrition rates and predicted teacher shortages, stress and burnout are widely recognized as major problems. For example, Gehrke and Taylor (1986) describe the effects of teacher layoffs as having lunch with a teacher who, according to Gehrke (1995), "to teach more in less time, to raise test scores, and in general to increase their productivity," along with high attrition rates and predicted teacher shortages, stress and burnout are widely recognized as major problems. For example, Gehrke and Taylor (1986) describe the effects of teacher layoffs as having lunch with a teacher who wrote about the importance of supervisors maintaining a focus on the mental and emotional health of teachers. Sensitivity to events in teachers' personal and professional lives can inform a supervisor about when teachers need emotional support instead of technical advice.

References


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