Mindfulness in the Classroom: Strategies for Promoting Concentration, Compassion, and Calm
Thomas Armstrong

In today’s schools, students and teachers feel unprecedented—even alarming—levels of stress. How can we create calmer classrooms in which students concentrate better and feel more positive about themselves and others? Author Thomas Armstrong offers a compelling answer in the form of mindfulness, a secular practice he defines as the intentional focus of one’s attention on the present moment in a nonjudgmental way. Dozens of observations from students and educators provide evidence of the power of mindfulness and offer hope to anyone who wants to make classrooms more productive places of learning.

Rise to the Challenge: Designing Rigorous Learning That Maximizes Student Success
Jeff C. Marshall

Do you sense that some students have mentally “checked out” of your classroom? Look closely and you’ll probably find that these students are bored by lessons that they view as unchallenging and uninteresting. In this follow-up to The Highly Effective Teacher: 7 Classroom-Tested Practices That Foster Student Success, Jeff C. Marshall provides teachers with a blueprint for introducing more rigor to the classroom. Leveraging the latest research as well as years of classroom experience, this book offers strategies, examples, and exercises to help students embrace the complexity and power of challenge.

Becoming a Globally Competent Teacher
Ariel Tichnor-Wagner, Hillary Parkhouse, Jocelyn Glazier, and J. Montana Cain

Teachers today must prepare students for an increasingly complex, interconnected, and interdependent world. Being a globally competent teacher requires embracing a mindset that translates personal global competence into professional classroom practice. This thought-provoking book introduces a proven self-reflection tool to help educators develop 12 elements of such teaching. Learn how to become a teacher who prepares students not only for academic success but also for a life in which they are active participants in their own communities and the wider world.

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