

TAKE THE SIX-WEEK CHALLENGE

WHERE DO YOU FIT IN THE CONTINUUM OF SELF-REFLECTION?

UNAWARE-STAGE

TEACHER

I can't always tell why my students struggle.

REFINEMENT-STAGE

TEACHER

I analyze each student's specific struggles to determine a course of action designed to address them.

CONSCIOUS-STAGE

TEACHER

I have little control over how some students perform, so I continue to encourage them.

ACTION-STAGE

TEACHER

I look at my teaching strategies to see if changing them might have a better effect on those students who are struggling.

THE UNAWARE STAGE

Become an expert about a student in your classroom. Engage him or her in discussion during lessons and observe successes and struggles carefully.

THE CONSCIOUS STAGE

Try a new questioning strategy in the classroom and reflect on students' engagement levels.

THE ACTION STAGE

Ask a colleague if you can visit his or her classroom to observe and learn new approaches.

THE REFINEMENT STAGE

Openly share successes and struggles with colleagues as you attempt different instructional approaches to meet student needs.

Teach
Reflect
Learn

Learn more about the six-week challenge and Continuum of Self-Reflection from the ASCD book, *Teach, Reflect, Learn: Building Your Capacity for Success in the Classroom*.

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